

**SUDOKU**

Rating ★☆☆☆

2	8	5	9	6	4	7	1	3
3	6	4	5	1	7	2	8	9
1	9	7	8	2	3	5	6	4
4	3	1	2	7	9	6	5	8
6	7	9	4	5	8	3	2	1
5	2	8	1	3	6	9	4	7
8	5	2	7	9	1	4	3	6
9	4	3	6	8	5	1	7	2
7	1	6	3	4	2	8	9	5

Rating ★★☆☆

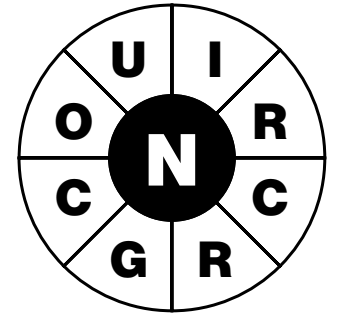
7	3	8	1	2	6	5	9	4
4	5	9	8	7	3	1	2	6
1	2	6	4	5	9	7	3	8
5	6	3	9	4	2	8	1	7
9	1	2	7	8	5	4	6	3
8	4	7	3	6	1	9	5	2
2	8	5	6	9	7	3	4	1
3	9	4	2	1	8	6	7	5
6	7	1	5	3	4	2	8	9

Rating ★★★☆

1	3	2	6	7	9	8	4	5
7	5	8	4	1	2	9	3	6
9	4	6	3	5	8	7	2	1
3	9	4	5	2	1	6	7	8
6	8	7	9	3	4	5	1	2
5	2	1	7	8	6	4	9	3
8	7	3	2	9	5	1	6	4
2	6	5	1	4	7	3	8	9
4	1	9	8	6	3	2	5	7

Rating ★★★★★

7	3	4	1	9	8	2	5	6
1	6	5	4	2	3	9	7	8
8	2	9	5	7	6	3	4	1
3	1	2	8	4	7	5	6	9
9	7	8	3	6	5	4	1	2
4	5	6	9	1	2	7	8	3
2	4	1	6	5	9	8	3	7
6	8	7	2	3	4	1	9	5
5	9	3	7	8	1	6	2	4



**MINDFOOD WHEEL WORDS**

Create words of four letters or more using the given letters once only, but always including the centre letter. Do not use proper names or plurals. See if you can find the nine-letter word using up all letters.

**SOLUTION**

- |       |         |
|-------|---------|
| ACED  | CADET   |
| ACRE  | CARAT   |
| AREA  | CARED   |
| CARD  | CARET   |
| CARE  | CATER   |
| CART  | CEDAR   |
| DARE  | CRATE   |
| DART  | RACED   |
| DATA  | RATED   |
| DATE  | REACT   |
| DEAR  | TRACE   |
| RACE  | TRACT   |
| RATE  | TRADE   |
| READ  | TREAD   |
| TACT  | TREAT   |
| TARE  | ARCADE  |
| TART  | CARTED  |
| TEAR  | TRACED  |
| TEAT  | ATTRACT |
| ACTED | DETRACT |
| ARCED |         |

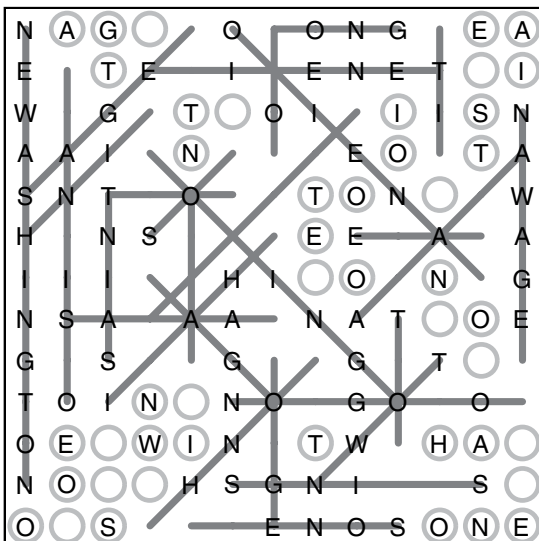
**NINE-LETTER WORD:**

ATTRACTED

**FIND-A-WORD**

**METROPOLIS NOW**

Work out the missing words in these place names, then find the missing words in the grid. When they've all been crossed out, the remaining letters will reveal a timeless quote from Greek philosopher, Aristotle.



**SOLUTION**

A GREAT CITY IS NOT TO BE CONFOUNDED WITH A POPULOUS ONE.

- |                        |                            |                    |
|------------------------|----------------------------|--------------------|
| 1. Abu Dhabi           | 15. Mexico City            | 28. São Paulo      |
| 2. Addis Ababa         | 16. New Orleans            | 29. Washington, DC |
| 3. Bandar Seri Begawan | 17. New York City          |                    |
| 4. Baton Rouge         | 18. Nizhny Novgorod        |                    |
| 5. Buenos Aires        | 19. Pago Pago              |                    |
| 6. Cape Town           | 20. Phnom Penh             |                    |
| 7. Colorado Springs    | 21. Port Vila              |                    |
| 8. Dar es Salaam       | 22. Rio de Janeiro         |                    |
| 9. Fort Worth          | 23. Saint Petersburg       |                    |
| 10. Ho Chi Minh City   | 24. Salt Lake City         |                    |
| 11. Hong Kong          | 25. San Francisco          |                    |
| 12. Kuala Lumpur       | 26. Santa Cruz de Tenerife |                    |
| 13. Las Vegas          | 27. Santo Domingo          |                    |
| 14. Los Angeles        |                            |                    |

**VISIT MINDFOOD**  
Find the solutions for this issue's puzzles, along with extra puzzles at [mindfood.com/puzzles](http://mindfood.com/puzzles)

