

SUDOKU

Rating: ★☆☆☆

2	6	5	9	4	1	3	8	7
4	8	3	2	7	6	5	1	9
1	9	7	5	3	8	6	4	2
8	5	2	1	6	4	9	7	3
9	3	6	8	2	7	1	5	4
7	1	4	3	9	5	8	2	6
5	4	9	6	8	2	7	3	1
6	7	8	4	1	3	2	9	5
3	2	1	7	5	9	4	6	8

Rating: ★★★☆

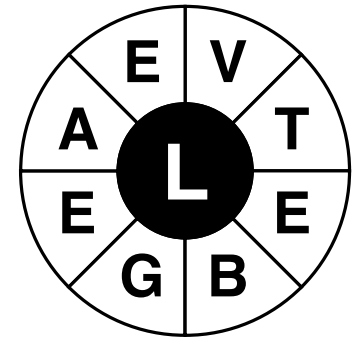
9	3	5	1	4	7	6	2	8
4	8	6	9	5	2	1	7	3
7	2	1	8	3	6	9	5	4
5	4	9	3	7	1	8	6	2
3	1	8	6	2	5	4	9	7
2	6	7	4	8	9	5	3	1
6	7	2	5	1	4	3	8	9
8	9	4	2	6	3	7	1	5
1	5	3	7	9	8	2	4	6

Rating: ★★★☆

6	7	3	9	4	5	2	1	8
5	2	8	6	1	7	3	9	4
9	4	1	2	8	3	7	6	5
2	9	4	8	3	6	5	7	1
1	8	6	5	7	9	4	3	2
3	5	7	1	2	4	9	8	6
4	1	5	3	9	8	6	2	7
7	3	2	4	6	1	8	5	9
8	6	9	7	5	2	1	4	3

Rating: ★★★☆

5	2	8	9	7	3	1	4	6
4	7	9	6	1	2	5	8	3
3	6	1	5	4	8	9	7	2
7	9	3	8	2	6	4	5	1
2	4	6	1	5	7	3	9	8
8	1	5	3	9	4	6	2	7
1	5	2	7	6	9	8	3	4
9	8	7	4	3	1	2	6	5
6	3	4	2	8	5	7	1	9



MINDFOOD WHEEL WORDS

Create as many words of four letters or more using the letters once only, but always including the centre letter. Do not use proper names or plurals. There's one nine-letter word using all letters.

16 GOOD 22 VERY GOOD 28+ EXCELLENT

Solution:

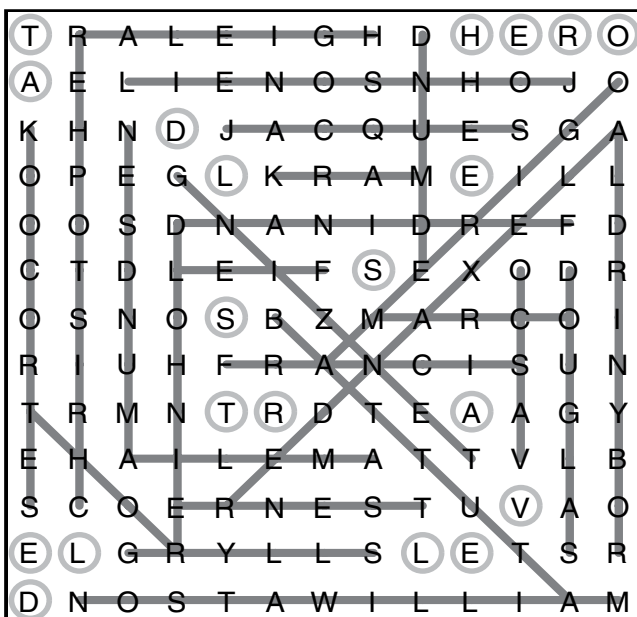
Able, Alee, Bale, Belt, Gale, Glee, Late, Lave, Tale, Teal, Vale, Veal, Abele, Aglet, Bagel, Betel, Bevel, Bleat, Eagle, Elate, Gable, Gavel, Glebe, Leave, Levee, Table, Valet, Beagle, Beetle, Eaglet, Gabet, Legate, Telega, Velate, Veleta, Elevate, Getable, Legatee, Vegetal.

9-letter word: Vegetable

FIND-A-WORD

ADVENTURERS

Work out the missing names from the list of explorers and navigate your way around the grid letters to find them. Once they've been located, the letters left behind will reveal a bestselling title which signposts the journey of life.



- ... the Great
- ... Earhart
- ... Vespucci
- Amy ...
- Bear ...
- Buzz ...
- Captain James ...
- ... Columbus
- ... Mawson
- ... Shackleton
- ... Magellan
- Hernán ...
- Ibn ...
- ... Cousteau
- Jessica ...
- ... Ericson
- ... Polo
- ... Twain
- ... Armstrong
- ... Messner
- Roald ...
- ... Davidson
- Sir ... Hillary
- Sir ... Drake
- Sir Walter ...
- ... Norgay
- ... Heyerdahl
- ... da Gama
- ... Dampier

VISIT For solutions for this issue's puzzles, as well as extra puzzles, go to mindfood.com/puzzles or mindfood.com/september.

Lovatts
CROSSWORDS&PUZZLES