

MINDFOOD WHEEL WORDS

Create words of four letters or more using the given letters once only, but always including the centre letter. Do not use proper names or plurals. See if you can find the nine-letter word using up all letters.

SOLUTION

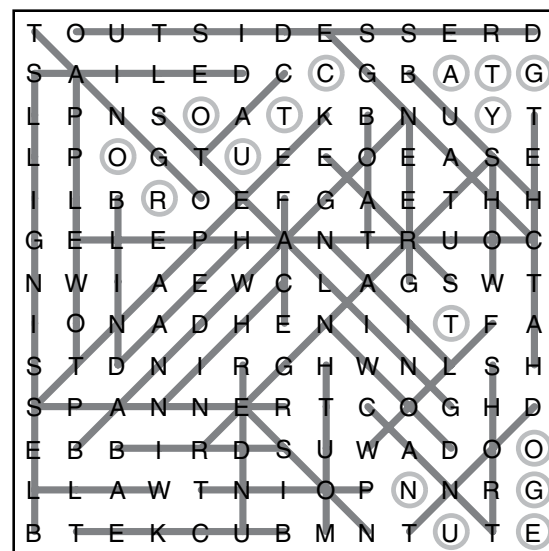
- | | |
|-------|---------|
| AGUE | AUDIT |
| DRUG | AUGER |
| DUET | GUARD |
| ETUI | GUIDE |
| GAUD | TRUED |
| GAUR | URGED |
| GUAR | UTTER |
| RUDE | ARGUED |
| RUED | GUITAR |
| TAUT | GUTTED |
| TRUE | GUTTER |
| UREA | RUTTED |
| URGE | TRUDGE |
| ADIEU | TURGID |
| ARGUE | GAUDIER |

NINE-LETTER WORD

GRATITUDE

FIND-A-WORD SEE WHAT I MEAN?

Work out all the words needed to complete these phrases and cross them off where you find them in the grid. The leftover letters will spell out an idiom that could be painful if it really happened.



SOLUTION
CAT GOT YOUR TONGUE

ANSWERS

- | | |
|--|-----------------------------------|
| 1. A blessing in disguise | 22. It takes two to tango |
| 2. A spanner in the works | 23. Jump on the bandwagon |
| 3. Ants in your pants | 24. Keep me in the loop |
| 4. Beat around the bush | 25. Keep your chin up |
| 5. Born with a silver spoon in her mouth | 26. Kick the bucket |
| 6. Bury the hatchet | 27. Kill two birds with one stone |
| 7. Can't be helped | 28. Let the cat out of the bag |
| 8. Change of heart | 29. Pay through the nose |
| 9. Cut a long story short | 30. Put your foot down |
| 10. Don't be a stranger | 31. Rock the boat |
| 11. Dressed to the nines | 32. Show me the ropes |
| 12. Drive me up the wall | 33. Stealing your thunder |
| 13. Face the music | 34. That ship has sailed |
| 14. Get to the point | 35. The apple of my eye |
| 15. Give it the green light | 36. The ball is in your court |
| 16. Go with the flow | 37. The elephant in the room |
| 17. Green around the gills | 38. Think outside the box |
| 18. Head in the clouds | 39. Throw in the towel |
| 19. Hit the nail on the head | 40. Turn a blind eye |
| 20. I don't buy it | 41. Under the weather |
| 21. I'm all ears | |

SUDOKU

Rating ★☆☆☆

3	1	4	8	2	6	5	7	9
9	6	7	1	3	5	4	2	8
5	8	2	7	4	9	6	1	3
7	3	9	4	1	8	2	5	6
2	4	8	6	5	3	1	9	7
6	5	1	2	9	7	8	3	4
8	2	3	5	7	4	9	6	1
4	7	5	9	6	1	3	8	2
1	9	6	3	8	2	7	4	5

Rating ★★★☆

3	9	5	6	7	8	2	4	1
8	2	7	3	4	1	9	5	6
6	4	1	2	5	9	7	8	3
1	5	3	8	2	4	6	7	9
4	6	8	7	9	3	5	1	2
9	7	2	1	6	5	4	3	8
2	1	4	9	8	7	3	6	5
5	3	6	4	1	2	8	9	7
7	8	9	5	3	6	1	2	4

Rating ★★☆☆

2	4	3	5	7	8	6	1	9
6	1	8	3	2	9	7	5	4
7	9	5	6	1	4	8	2	3
8	3	9	1	5	6	2	4	7
5	2	4	7	8	3	1	9	6
1	6	7	4	9	2	5	3	8
3	7	6	2	4	1	9	8	5
9	5	1	8	3	7	4	6	2
4	8	2	9	6	5	3	7	1

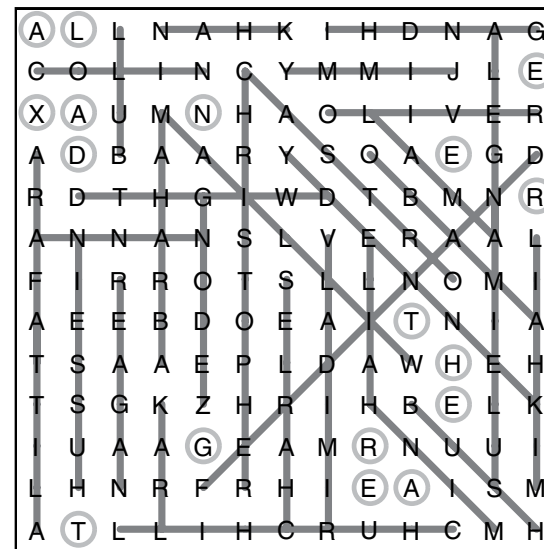
Rating ★★★★★

1	2	8	6	7	4	5	3	9
4	3	7	5	9	8	2	1	6
9	6	5	2	1	3	8	7	4
2	5	1	9	4	7	6	8	3
7	4	9	8	3	6	1	2	5
3	8	6	1	5	2	4	9	7
6	1	3	7	2	5	9	4	8
5	7	2	4	8	9	3	6	1
8	9	4	3	6	1	7	5	2

FIND-A-WORD

LEADERS THROUGH HISTORY

Work out the missing parts of these famous names and locate them in the grid. When you've crossed them off, the letters left over will spell out a King of the Ancient Greek kingdom of Macedon.

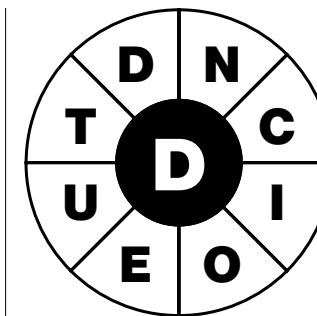


ANSWERS

- | | |
|-------------------------|------------------------------|
| 1. Abraham Lincoln | 17. John F Kennedy |
| 2. Angela Merkel | 18. Karl Marx |
| 3. Attila the Hun | 19. Kofi Annan |
| 4. Barack Obama | 20. Mahatma Gandhi |
| 5. Charles de Gaulle | 21. Mao Zedong |
| 6. Christopher Columbus | 22. Mikhail Gorbachev |
| 7. Colin Powell | 23. Oliver Cromwell |
| 8. Dalai Lama | 24. Ronald Reagan |
| 9. Dwight D Eisenhower | 25. Saddam Hussein |
| 10. Ferdinand Marcos | 26. Sitting Bull |
| 11. Fidel Castro | 27. Suleiman the Magnificent |
| 12. Genghis Khan | 28. Vladimir Putin |
| 13. George W Bush | 29. William the Conqueror |
| 14. Haile Selassie | 30. Winston Churchill |
| 15. Ho Chi Minh | 31. Yasser Arafat |
| 16. Jimmy Carter | |

SOLUTION

ALEXANDER THE GREAT



MINDFOOD WHEEL WORDS

Create words of four letters or more using the given letters once only, but always including the centre letter. Do not use proper names or plurals. See if you can find the nine-letter word using up all letters.

SOLUTION

- | | |
|-------|---------|
| CODE | DINED |
| CUED | DOTED |
| DENT | DIODE |
| DICE | DUNCE |
| DIED | EDICT |
| DIET | NOTED |
| DINE | OUTED |
| DINT | TINED |
| DONE | TONED |
| NOTE | TUNED |
| DUCT | UNDID |
| DUET | COINED |
| DUNE | DEDUCT |
| EDIT | DUCTED |
| ICED | INDUCE |
| NODE | INDUCT |
| NUDE | OUTDID |
| TEND | UNITED |
| TIDE | UNTIED |
| TIED | CONDUIT |
| TOED | COUNTED |
| UNDO | INDUCED |
| CITED | NOTICED |
| CODED | |
| DICED | |

NINE-LETTER WORD

DEDUCTION

SUDOKU

Rating ★☆☆☆

7	3	6	4	5	8	1	2	9
5	9	8	2	7	1	3	4	6
4	1	2	3	9	6	8	7	5
6	8	7	1	4	5	9	3	2
3	2	4	9	8	7	6	5	1
9	5	1	6	3	2	7	8	4
2	7	9	8	6	4	5	1	3
1	6	5	7	2	3	4	9	8
8	4	3	5	1	9	2	6	7

Rating ★★★☆

4	1	8	7	9	2	6	3	5
2	9	3	5	6	1	4	7	8
7	5	6	8	4	3	1	9	2
1	6	2	3	7	4	5	8	9
9	3	7	6	8	5	2	4	1
5	8	4	2	1	9	3	6	7
3	7	5	4	2	8	9	1	6
6	4	1	9	5	7	8	2	3
8	2	9	1	3	6	7	5	4

Rating ★★☆☆

5	9	8	7	3	4	2	1	6
1	4	3	6	8	2	7	9	5
7	2	6	9	1	5	8	4	3
6	1	7	4	2	8	3	5	9
8	3	2	5	6	9	1	7	4
9	5	4	1	7	3	6	2	8
3	6	5	2	9	7	4	8	1
2	8	9	3	4	1	5	6	7
4	7	1	8	5	6	9	3	2

Rating ★★★★★

4	3	5	6	8	9	7	2	1
8	1	2	7	5	3	9	4	6
7	9	6	4	1	2	5	3	8
5	7	3	9	2	1	8	6	4
2	6	9	8	4	7	3	1	5
1	4	8	3	6	5	2	7	9
3	8	7	1	9	4	6	5	2
9	2	4	5	3	6	1	8	7
6	5	1	2	7	8	4	9	3